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Coaching CPD Sessions

- We believe it's incredibly important that everyone looks after their own development as a skilled and competent coach.
- All sessions that Azure offer have practical elements to them to allow the coaches to discuss real situations and try out new tools and techniques with one another.
- Follow up materials including slides used and links to other resources such as books, on-line articles and video content are always provided.



Some of our specialist CPD Topics include:

- How to work with emotions in coaching.
- The challenges of being an internal coach.
- Coaching in a 'thinking environment.'
- Career coaching.
- Beyond GROW – other models to assist your coaching.
- Helping coachees deal with change.
- Developing the confidence of your coaches.
- Raising the self awareness of your coaches.
- Using positive psychology in coaching.
- Reducing collusion/enhancing challenge.



Group Supervision

- Supervision is a formal arrangement for coaches to discuss their work regularly with an experienced coach supervisor. Supervision helps to ensure that the coach is addressing the needs of the client as well as monitoring the relationship between the coach and the client to maximise the effectiveness of the relationship.
- They provide a great learning opportunity for those newer to coaching as they can mix with other coaches more experienced than themselves, to learn about the wide range of situations that they may be likely to experience.
- A range of different supervision techniques are used as appropriate to the situation.
- Sessions usually last for 2 to 3 hours depending on whether sessions are virtual or face to face. We believe group supervision sessions are the most cost-effective approach to supervision, except when urgent situations arise.



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