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azure  
IMPROVING LEADERSHIP PERFORMANCE  
.....THROUGH INSPIRATION

## Coaching Skills – a handbook By Jenny Rogers

Soon after its publication in 2004, shortly after I first started on my own journey as a coach, this was the first coaching book I bought. Jenny Rogers has a reputation second to none in the coaching world. Read this book and it's clear why. More than ten years later and it is still the one I most often turn to. It has such a wealth of common sense, great ideas and sound advice that it became a reference work for me as I developed my coaching skills and experience. At the outset it establishes the six coaching principles and this sets the tone for the whole book. The case studies offer invaluable insights into real world coaching examples – this is no academic treatise but a sound work for new and experienced coaches alike. In keeping with this approach, Jenny Rogers writes in an accessible style that is both informative and motivating. She is no relation by the way!

And just to show this isn't only my view, whilst Amazon reviews should be viewed with caution, of the many on their website concerning this book, I've yet to find one with less than 5/5. A must have for aspiring and experienced coaches alike.



Reviewed by Simon Rogers